



Child Health
Department
Humber Teaching NHS
Foundation Trust
Sledmere House
Willerby Hill

March 2021

Dear Parent or Carer,

The National Child Measurement Programme: Measuring the height and weight of children in Reception Year and Year 6

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). Your child's class will take part in this year's measurement programme.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families. The programme is now in its eleventh year and is fully supported by East Riding of Yorkshire Council, Humber Teaching NHS Foundation Trust and your school.

The measurements will be undertaken by trained staff at school in a private space away from other pupils. Staff undertaking the measurements will be working in accordance with Infection Prevention and Control guidance and will be wearing appropriate personal, protective equipment (PPE).

Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode and ethnicity will also be collected.

The data from all schools in the area will be gathered together and held securely by our local authority's Public Health team. Please note that we may store your child's information on their health record. No individual measurements will be given to school staff or other children, and all information will be treated confidentially.

The programme's results are used within the local authority and the NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.

You will be provided with your child's results by post within 6 weeks of your child being measured.

If you are happy with your child being weighed and measured then you do not need to do anything. If you do not want your child to be weighed and measured then please write to Jenny Bell at the address above by Sunday 11th April 2021 or email HNF-TR.NCMP@nhs.net

Yours sincerely

Andy Kingdom	Eoin Rush
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